How to Prevent Boxy Breast in Reduction Surgeries?

Boxy breast is a common aesthetic problem in breast reduction surgery.

A systematic approach is required to manage and prevent boxy breast.

Applying a simplified treatment algorithm can reduce breast boxing in patients undergoing breast reduction surgery.

**Group 1**
- Algorithm created to quantify breast surgery in revision cases
- 14 cases with revision surgery for boxy breast

**Group 2**
- 37 cases of primary mammaplasty reduction
- Treated as per algorithm

Patient satisfaction:
- Group 1: 9.5
- Group 2: 9.1

Surgeon satisfaction:
- Group 1: 8.2
- Group 2: 8.6

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