Trends in Plastic Surgery Cosmetic Procedures During Ramadan

Anecdotal evidence suggests an increased demand for cosmetic procedures around holidays. However, this trend has never been documented.

This study aims to examine if the caseload for cosmetic procedures is affected by the holy month of Ramadan.

There is a significant increase in demand for cosmetic procedures in Saudi Arabia during Ramadan.

Cross-sectional nationwide survey of plastic surgeons (N = 120)

- 73% Reported lower case volumes due to reduced working hours
- 57% Reported an increase in the proportion of cosmetic surgery

High demand observed in:

- Liposuction: 80%
- Lipofilling: 55%
- Abdominoplasty: 51%
- Breast surgery: 46%
- Botox: 81%
- Lip filling: 78%

>80% Consensus on increased demand due to summer vacation and ensuing wedding season.