

Supplemental Digital Content 1

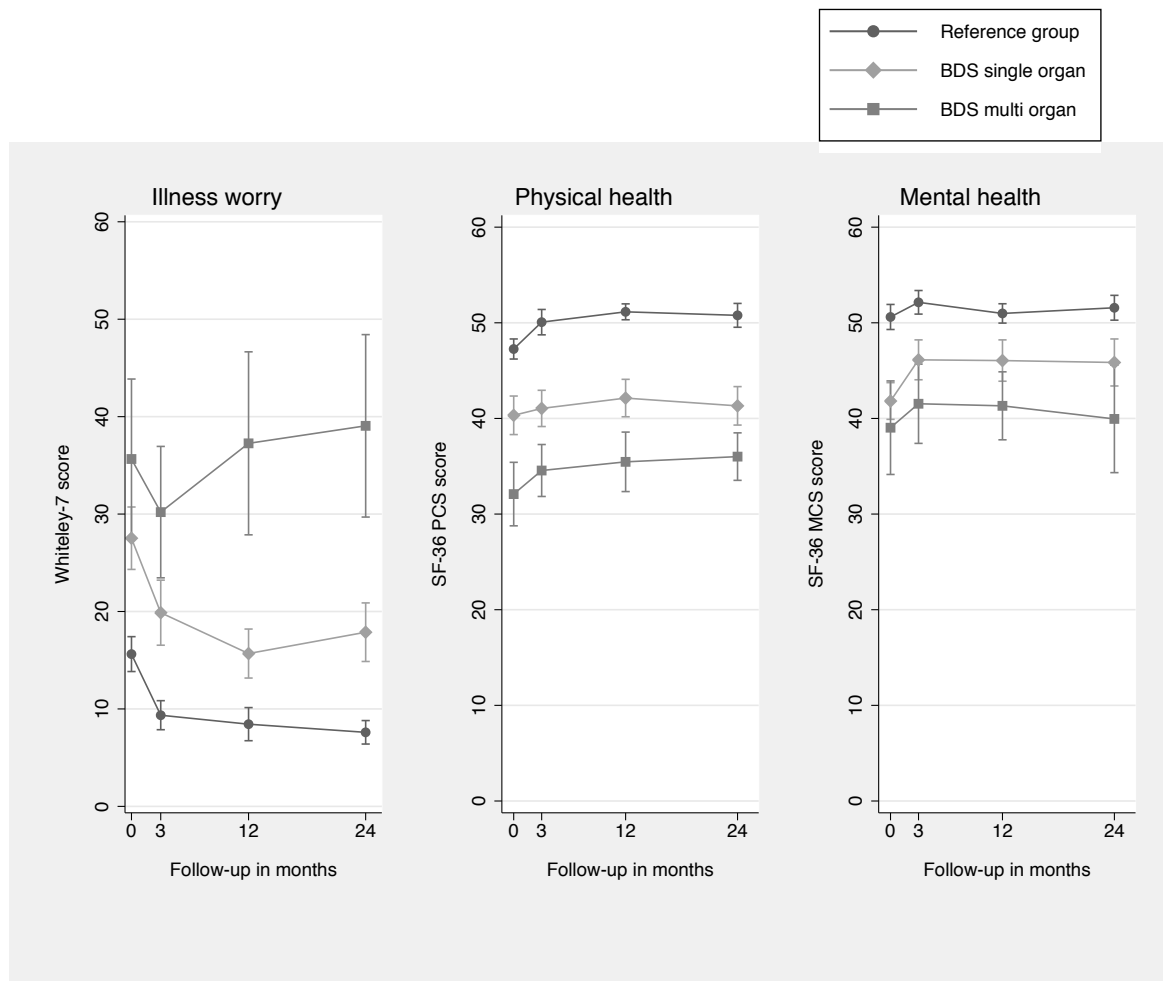


Figure S1. Self-rated physical health, mental health, and illness worry during follow-up according to mixed models with random intercept.^{a,b}

BDS = Bodily distress syndrome; PCS = Physical component summary; MCS = Mental component summary

^aLow scores on Whiteley-7 indicate less illness worry; high scores on PCS and MCS indicate better health

^bAdjusted for age, gender, chronic illness, major depressive episode, anxiety disorders, and intervention