

APPENDIX

Figure S1. General overview of treatment stages.

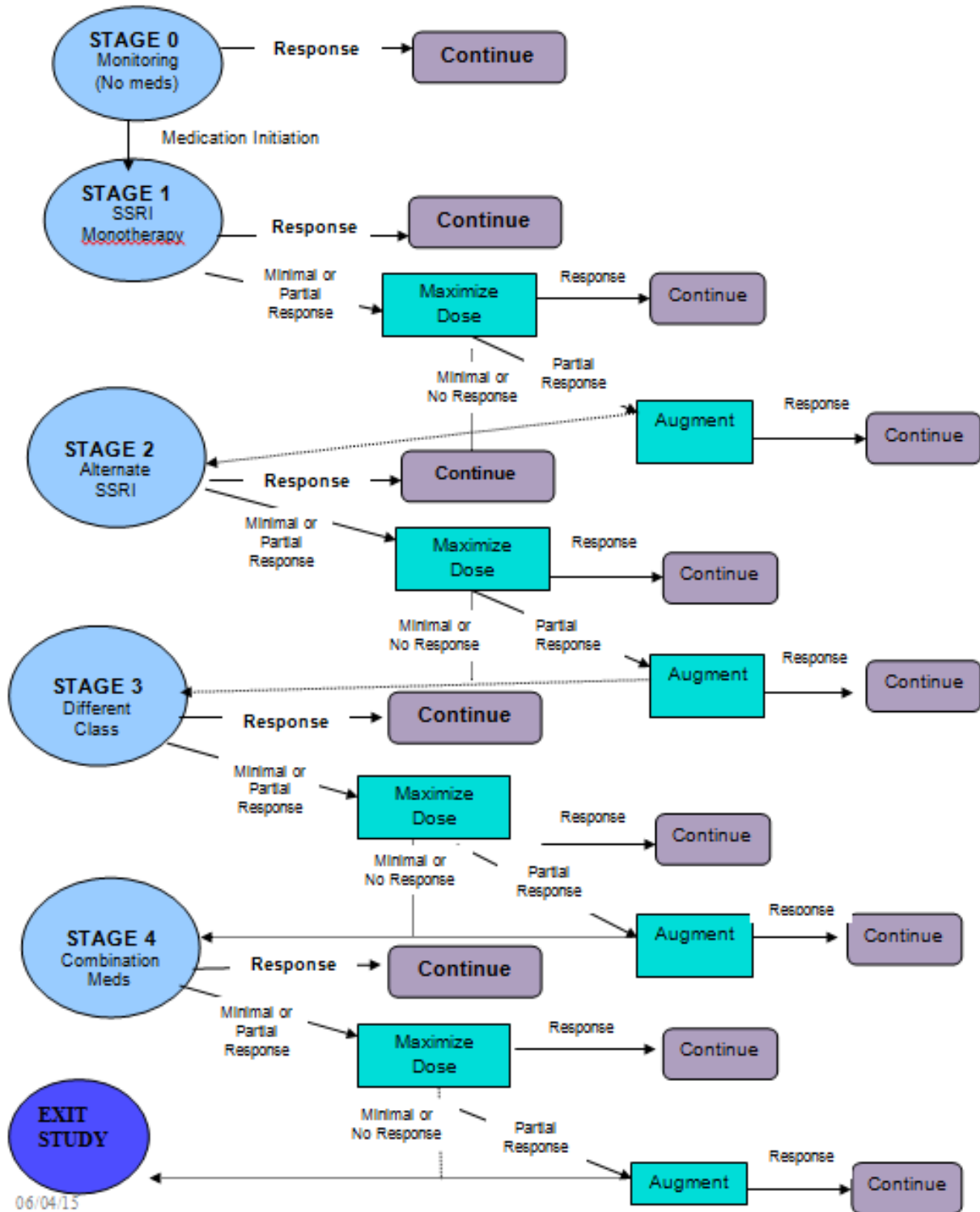


Table S1. Doses for Augmentation

<i>Augmentation</i>	<i>Initial dose (mg/day)</i>	<i>Target dose (mg/day)</i>	<i>Dose titration for partial or non- responders (mg/day)</i>	<i>Usual dose schedule</i>
Mood Stabilizer				
Lithium	150-300	600-1200 (0.4-0.6 mEq/L)	1200-1500 (0.8-1.0 mEq/L)	q d-tid
Antidepressants				
Bupropion	75-100	75-300	450	bid-tid
Bupropion XL	150	300-450	450	q d
Atypical Antipsychotics				
Aripiprazole	1-5	5-10	20	q d
Risperidone	0.25-0.5	2-3	4-6	q d
Olanzapine	2.5-5	5-10	20	q d
Quetiapine	25-50	200-300	600-800	q d
Ziprasidone	20-40	120	160	q d

Table S2. Common Medications to Treat Associated Symptoms

<i>Adjuncts for associated symptoms</i>	<i>Options</i>	<i>Medication</i>	<i>Usual dose range (mg/day)</i>	<i>Usual dose schedule</i>
Insomnia	Benzodiazepines	Lorazepam	0.5-2	q hs (not for chronic use; taper after 1-2 weeks)
	Antidepressants	Trazodone	25-100	
	Hypnotics	Zolpidem	5-10	q hs
		Zaleplon	5-10	q hs
	Over the counter	Melatonin	3-6	q hs
Anxiety or panic attacks	Benzodiazepines	Lorazepam	0.5-6	bid-tid, as needed
		Clonazepam	0.25-3	bid, as needed
Anxiety, if BZD contraindicated	Serotonin 1A partial agonist	Buspirone	15-60	bid-tid
Agitation/Aggression	Benzodiazepine	See above	See above	See above
	Low dose antipsychotic	Risperidone	1-4	q hs-bid
		Haloperidol	1-5	q hs-bid
		Quetiapine	50-300	q hs
		Aripiprazole	5-15	q d
	Mood stabilizer	Valproic Acid	500-1500	q hs
		Oxcarbazepine	300-1200	bid
Extrapyramidal side effects	Anticholinergic	Benztropine	2-6	q hs-tid