

## Cardiac Arrest Grid

N°	Item	Score	Main resuscitation element for time measurement	Time (sec.)
<b>Bradypnea</b>				
1	Check consciousness			
2	Check breathing			
3	Check circulation			
4	Airway / Bag mask ventilation			
5	Oxygen			
<b>Pulseless electrical activity</b>				
6	Check breathing			
7	Check circulation			
8	CPR with limited no flow		Chest compression	
9	Chest compression (CC) rhythm			
10	Bag mask ventilation		Ventilation	
11	Oxygen			
12	Attach ECG monitoring			
13	Intravenous access		Intravenous access	
14	Give adrenaline 1 mg		Adrenaline injection	
15	Raise the arm and accelerate perfusion after adrenaline injection			
16	Intubation with limited no flow		Intubation	
<b>Ventricular fibrillation (VF)</b>				
17	Check monitor / confirm rhythm			
18	1 <sup>st</sup> shock		1 <sup>st</sup> shock	
19	CPR with limited no flow			
20	Chest compression (CC) rhythm			
21	Bag mask ventilation			
22	Oxygen			
23	Intubation with limited no flow (if not already)			
24	Check monitor at 2 min			
25	2 <sup>nd</sup> shock		2 <sup>nd</sup> shock	
26	2min CPR with limited no flow			
27	Give adrenaline /cordarone after 3 <sup>rd</sup> Shock		Adrenaline / cordarone injection	
28	Raise the arm and accelerate perfusion after adrenaline / cordarone injection			
29	Change CC provider			
<b>Return of spontaneous circulation</b>				
30	Check monitor / confirm rhythm			
31	Check patient (signs of life /pulse)			
32	Perform CC 2 min after shock		Stop CPR	
33	Check blood pressure			
34	Ask for amine			

Rating	0	1	2	3
Descriptors	Management not carried out or incorrect	Borderline	Acceptable	Optimal management
		Example		
Check monitor / confirm rhythm	Does not check monitor Does not confirm VF	Check monitor, hesitant about VF, need another monitor check	Check monitor and confirm VF in 5 to 10 seconds	Check monitor and immediately confirm VF