

## Supplemental Digital Content C: Physician Acute Clinical Change Assessment Checklist

### Listen to the concern

- Nursing observations and concern
- Parental worry/concern

### Assessment

- Vital signs
  - Mental status change? [irritable/confused or lethargic or reduced response to pain?]
  - Tachycardia >20 from baseline?
  - Hypotension?
  - Tachypnea > 10 from baseline with increased WOB? Increased O2 demands? Fatigue?
  - Hypoxia SPO2 <92%
  - Fever?
- Acute Change Clinical exam
  - AIRWAY:
    - Intubated? DOPE (displacement, obstruction, PTX, equipment malfunction)
    - Upper airway obstruction signs (stridor, drooling)
  - BREATHING
    - Respiratory distress/accessory muscle use/ asymmetrical respiratory exam
  - CIRCULATION:
    - Perfusion: CRT, Pulses, Temperature, liver edge
  - DISABILITY:
    - Pupils
- Patient management Situational Awareness
  - Allergies
  - Check medications running with bedside RN:
    - High risk therapy running?
    - Right route?
    - Right dose for indication
    - Right rate
    - Right programming at pump
  - Recent labs/results
  - Fever management
  - Pain control

### Communicate Management

- Share your mental model / thought process
  - Link action words to observations
- What is your gut feeling? Good or bad?